

HOLISTIC NURSING CARE



Definition

- Holistic care is a comprehensive model of caring which is believed to be the heart of the science of nursing.
 - Holistic care is described as a behavior that recognizes a person as a whole and acknowledges the interdependence among one's biological, social, psychological, and spiritual aspects. Holistic care includes a wide range of approaches, including medication, education, communication, self-help, and complementary treatment.
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Definition

- Holism is more than certain actions performed or words spoken to a patient. Holistic care is a philosophy; it's a method to ensure care for all parts of a patient. Holistic nurses are those that recognize and treat each individual differently.



PHYSICAL

SOCIAL

Holistic
Care

SPIRITUAL

PSYCHOLGICAL

PHYSICAL



Management of Pain



Control of distressing symptoms



Serving nutritious food, after daily analysis of the individuals' requirement

SPIRITUAL



Opportunity to give
and forgive



Encouragement to end
quarrels and reconcile



Getting ready to depart
in a calm and peaceful
frame of mind

PSYCHOLOGICAL

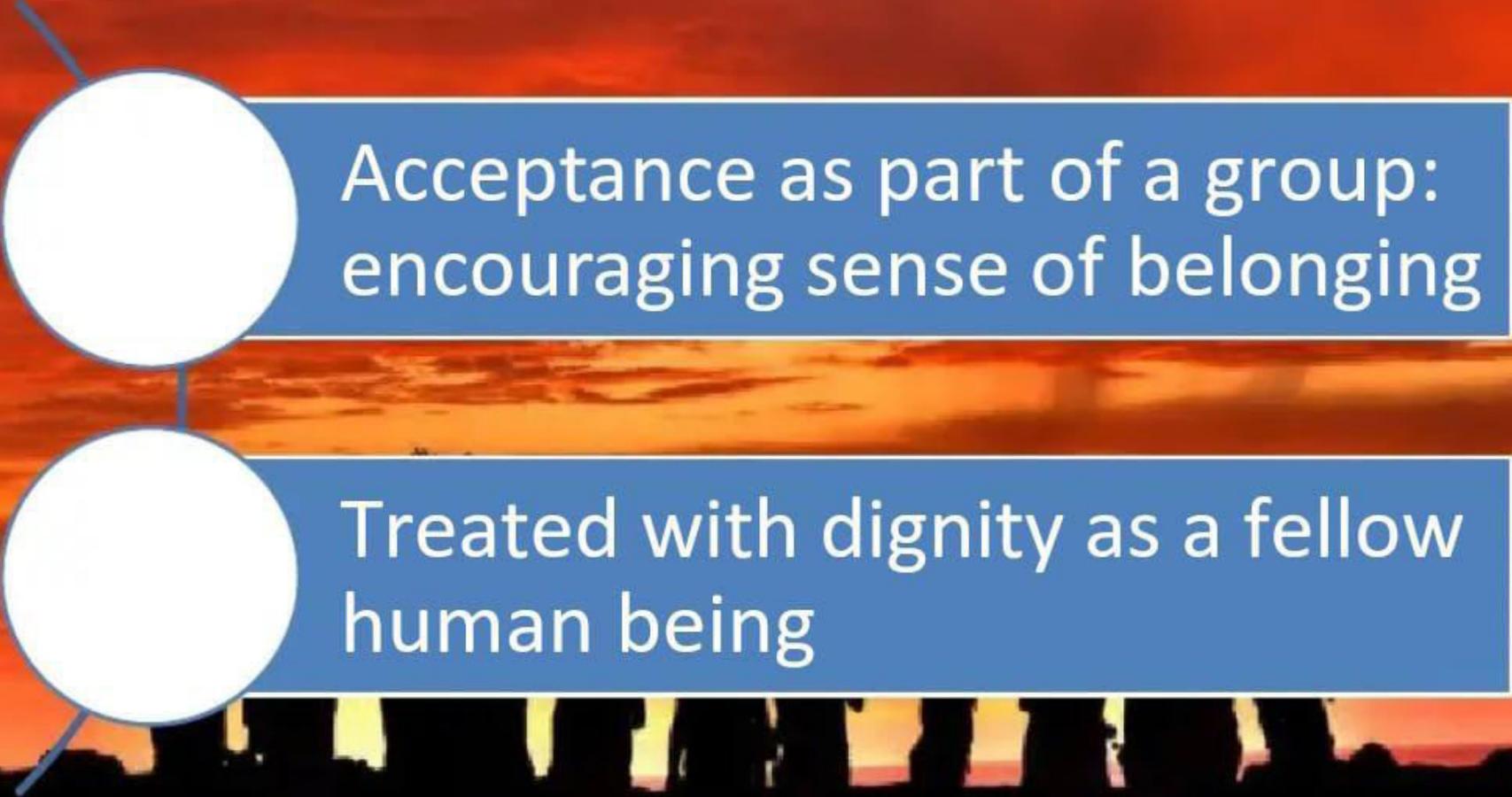


Professional counseling
to provide a feeling of
safety and security



Helping rediscover a
sense of worth and self-
esteem

SOCIAL



Acceptance as part of a group:
encouraging sense of belonging

Treated with dignity as a fellow
human being



THANK YOU